



Calderdale Relationships Matter

The programme is all about promoting healthier relationships. We recognise that -

- conflict and disagreements within relationships are normal, particularly during periods of change in families – but it's how we resolve them that matters
- positive resolution of conflict models the behaviour for children who can then use them in their relationships
- domestic abuse and parental conflict are not the same thing.

Support for parents:

[Relationship Matters website](#) covers Yorkshire and Humberside and offers accessible information in different languages and formats, with practical strategies to help promote healthier relationships.

The website also signposts parents to other forms of early help support both **online and face to face** that are available to them locally in Calderdale, including provision where parents are separated.

[Calderdale Early Intervention Support](#)



We have leaflets and postcards aimed at lots of different types of family groups that can be used in settings to promote our website.

Support for practitioners:

Online training for practitioners and volunteers on ways to support the reduction of damaging parental conflict:

There are 4 free e-learning modules (3 for practitioners and one for managers) hosted on the [Safeguarding Partnership's Enable training database](#). (Modules are named - Reducing Parental Conflict Module 1,2,3 and 4). The modules outline the impact of parental conflict and offer excellent tools and strategies to work with families to reduce it.

Relationships Matter Champions training programme - free face to face training:

The role of Champion differs depending on your job role and responsibilities, but mostly we expect you to act as a single point of contact for the programme and promote it within your service.

We offer training in the use of the **Relationships Matter toolkit** and resources, together with support to deliver sessions on this within your service.

If you would like more information on any of the above, including a free introductory briefing for your organisation, please contact:

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