

Virtual Programme





The Safeguarding Children Partnership, Safeguarding Adult Board and Calderdale organisations present Safeguarding Week 2022 to raise awareness about safeguarding children and adults and the importance that **safeguarding is everyone's business**.

This virtual Safeguarding Week 2022 Programme provides a varied offer that includes live online learning sessions, live chats, pre-recorded videos, webinars, and podcasts, as well as useful links to research reports and other; all aimed at practitioners, managers, and members of the public.

The programme has daily themes based on safeguarding priorities for Calderdale:

Monday: Neglect Tuesday: Hidden

Wednesday: Resistance and Engagement

Thursday: Trauma Friday: Safe Nights

There is a dedicated webpage on the Calderdale Safeguarding website: www.safeguarding.calderdale.gov.uk

If you have any questions about Safeguarding Week 2022, please contact: Craig Bartlett Craig.Bartlett@Calderdale.gov.uk and Sally Fletcher Sally.Fletcher@Calderdale.gov.uk.

Thank you for taking part in Safeguarding Week 2022, and for contributing towards keeping children and adults safe in Calderdale.

Julia Caldwell,

Safeguarding Partnerships Manager, Domestic Homicide Review Lead

Calderdale Safeguarding Adult Board & Safeguarding Children Partnership

Safeguarding is everyone's business.

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MONDAY 20th June 2022

Safeguarding is Everyone's Business

Safeguarding Week 2022 Launch Event

Aim of Session: This event will Launch Safeguarding Week 2022. It will include introductions from key partners from Calderdale Safeguarding Children Partnership (CSCP) and Safeguarding Adults Board (SAB).

Introductions from Key Partners (from 10.00am for 30 minutes):

Julia Caldwell – Safeguarding Manager, CSCP, SAB.

- Director of Children's Services, CMBC, Julie Jenkins
- Assistance Director of Adult Services and Wellbeing, CMBC, Sean Cook
- Chief Quality and Nursing Officer, Calderdale Clinical Commissioning Group (CCG), Penny Woodhead
- Chief Superintendent, West Yorkshire Police (Calderdale District), Mick Brown
- Independent Chair of Safeguarding Adults Board, Marianne Huison

Length of Session: 10.00am - 10.30am

How to Book/Access the session: You can simply join the introductory messages, on the day using this <u>Microsoft Teams meeting.</u>

Audience: Open to all Multi-Agency practitioners and managers

Live Sessions:

Resilience- THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

Aim of Session: Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the new documentary Resilience reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. Resilience, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in paediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose. "THE CHILD MAY NOT REMEMBER, BUT THE BODY REMEMBERS". Watch the film followed by an opportunity to discuss and share your thoughts about ACE's and how they might affect the children and families you are working with. Delivered by Early Years and Childcare Team, CMBC.

Time: 10.35am to 12.00pm Length of Session: 1.5 Hours How do I book onto the session: This session is open to anyone who works with or has a particular interest in children from birth to 11 years. This is an ideal opportunity to see the film and share your thoughts with others. Please email qiso@calderdale.gov.uk to book a place. Deadline for booking places is Monday 13th June 2022. Meeting will be held via zoom; a link will be emailed out prior to the session.

Professional Boundaries and People in a Position of Trust (PiPoT) Concerns

Aim of the session: This session will cover what is a Person in Position of Trust, what boundaries a Person in Position of Trust is expected to work in line with, and what should be done if there are concerns about the way in which a Person in Position of Trust has behaved either towards adults or children.

Time: 12.00pm – 1.30pm

Length of Time: 1 hour 30 minutes

Location of Event: MS Teams

Name of agency running the event: SWYPFT

How to book: Email ndadmin@swyt.nhs.uk with your name, job title and date/time of the session you wish to book (please ensure you specify as we will be running multiple sessions in different areas).

Who is the event aimed at: All practitioners/volunteers that may come across concerns relating to a Person in Position of Trust or anyone who wants to learn more about boundaries when in contact with adults with care and support needs and/or children.

The Mental Capacity Act: Resolving disputes

How to use the Mental Capacity Act when a patient refuses treatment and is possibly selfneglecting.

Resolving disagreements with relatives and carers to ensure that decisions are made in the patient's best interests.

To include: making referrals to the Court of Protection.

Time: 2.00pm – 3.00pm Length of Session: 1 hour

How do I book onto the session please email Karen.marsden2@cht.nhs.uk Shahena.asif@cht.nhs.uk

Videos:

Resilience the Biology of Stress and the Science of Hope

A short video on the long term impact of abuse and neglect in childhood.

How to spot signs of abuse and what to do if you're worried

Spotting signs of abuse

Safeguarding: Disclosures of Abuse

Domestic Abuse Why is domestic abuse a safeguarding and child protection issue

Exposure to domestic abuse has a direct impact on children and can affect their physical health and mental wellbeing. In this video, experts from the NSPCC explain why domestic abuse, is a safeguarding and child protection issue is. (4 minutes long)

Hidden Others – including Men

This is a 7-minute video of the Burnt Bridges Review

Voice of the Child

This <u>video</u> is about why Young People have the right to be listened to and taken seriously. (Approximately 4 minutes).

Training4Influence have produced a number of <u>Podcasts</u> about how practitioners have remained resilient throughout the Covid-19 pandemic.

Poverty

This <u>Keynote speech</u> by Brid Featherstone (University of Huddersfield) at Leeds SCP conference talks about Poverty, Child Abuse and Neglect: Interrogating a 'neglected' relationship. (Approximately 1 hour).

Useful Links and Resources:

Neglect

Protecting a child from neglect resource from the NSPCC

Child's Lived Experience

A day in the life resource to support practitioners to make sense of a child's lived experience.

Making Safeguarding Personal

Local Government provides a range of <u>resources</u> which aim to support organisations to develop an outcomes focus to safeguarding work, and a range of responses to support people to improve or resolve their circumstances.

Mental Capacity

<u>SCIE</u> offers information about Mental Capacity Act (MCA) in practice including assessing capacity; decision-making; best interests; care planning; representing the person.

Educational resources from UK Clinical Ethics Network

Making decisions a guide for advice workers

Liberty Protection Safeguards (LPS) updates

• Government LPS Website and factsheets

- SCIE provides information on the latest developments on LPS
- <u>Resources</u> produced by Barrister and academic Alex Ruck Keane including podcasts, webinars
 ("shedinars" as he does them in his shed/office)

Persons in a Position of Trust

<u>Resources</u> to provide guidance on protecting children from abuse by someone in a position of trust.

Calderdale Safeguarding Children and Adult Website

<u>Calderdale Safeguarding Children Partnership and Safeguarding Adult Board Website</u> provides information on various aspects of safeguarding aimed children and young people, adults, members of the public and professionals.

Voluntary Sector Support

<u>VSIA Website</u> provides voluntary organisations with information about Safeguarding, Safeguarding Policies and Safer recruitment.

<u>NCVO Knowhow</u> offers advice and support for voluntary organisations. Learn from experts and peers and share experiences with the community.

Covid-19

'Working for babies: Lockdown lessons from local systems' is a <u>new report</u> on the impacts of COVID-19 and lockdown on babies.

TUESDAY 21st June 2022

Hidden Risk

Live Sessions:

Hidden Risks: Online Extremism

Aim of the session: The session will be delivered by the Prevent Education Officer and will explore the following themes:

- Examples of terrorist and extremist threats to the UK.
- Online tactics used by extremists to lure vulnerable individuals.
- Factors that contribute to vulnerability.
- Challenging extremism taking a UNITED approach.

Time: 09:00 – 10:00hrs Length of Session: 1 hour

How do I book onto the session: Please email <u>assia.hussain@calderdale.gov.uk</u> You will get sent an MS Team invite on booking.

Child Exploitation - the signs of Child Exploitation

Presentation provided to explain Child Sexual and Criminal Exploitation and the signs to look out for. Also covers county lines and cuckooing. Covers the process of reporting (PIP), team contact details and the MACE / MATRIX process. Scenarios to be included if time permits.

Time: 10.30am – 12.00pm

Length of Session: 1 hour 30 minutes

How do I book onto the session: please email emma.making@westyorkshire.police.uk

Hidden 'others', including men

This session will consider why it is important for professionals to understand the child's family and social network, particularly those people who are less visible but who play a significant role in their lives.

It will highlight key findings from the Child Safeguarding Practice Review Panel's 2021 report "The myth of invisible men" and other key reports which have highlighted the risks that children may face from such individuals but that we as professionals may miss.

The session will help practitioners understand who these hidden individuals are and what they mean for the child, as well as suggest some resources which may further support this work.

Time: 1.30pm – 2.30m Length of Session: 1 hour

How do I book onto the session: This will be a hybrid session, if you would like to attend in person please email Louise. Ambler@calderdale.gov.uk to book your place.

Once confirmed the following room has been booked:

Princess Building GF-031 Collaboration Room

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting
Learn More | Meeting options

'The Fatherhood Institute' Working in Partnership with Fathers/Males in the Early Years

Places are initially open to Early Years Practitioners ONLY

What fathers do (or don't do), matters to children and fathers have a huge impact on their child's development, attainment, and education, whether they know it.

We will explore the evidence base regarding the role fathers play in their child's development, how to help them to explore involved fatherhood and why this is sometimes overlooked in EY services.

Through presentations and individual and group exercises we will offer opportunities to explore case studies, useful tools, and best-practice to support action planning to embed father-inclusive practice.

Participants will explore latest research and evidence base, including:

- Explore the personal and cultural issues which shape our perceptions of men/fathers
- The impact fathers have on child development, on mothers and how fatherhood effects men themselves.
- The impact of not engaging with fathers, and what working with fathers may 'look like' in practice.
- Identify barriers and opportunities to father-inclusive practice within own practice, and in the systems, we work within.
- Develop strategies to engage and evaluate father-engagement
- This session will include presentations, large and small group work and Q&A opportunities.
 Participants will receive post-course resources to support them to continue their thinking and develop their practice.

Delivered via Zoom

Time: 6:30pm – 8:30pm Length of Session: 2 hours

Facilitated by - The Early Years Improvement Team

Booking Essential:

To book a place on this event – please email <u>QISO@calderdale.gov.uk</u> or phone 01422 394109. Places are initially limited to 1 person per setting. Additional places may be available nearer the time, please let us know if you would like extra places. The workshop is fully funded however if you do not attend or cancel, within less than 24 hours' charges may apply.

Videos:

Children's Mental Health

REALTIMETALK have produced an editor's cut <u>film</u> for Children's Mental Health week, by Geoff Brokate and Verd de gris arts, working with young people from across the Calder Valley (approximately 30 minutes). It features the films:

- Me, Poetry and the Crisis Point
- Me, a GPS, and the Failing Government
- I Am Not My Tourettes
- Me, Fluidity & Unsocial Media

Kooth's <u>'Don't Do it Alone'</u> Campaign is aimed at young people who are experiencing mental health problems (approximately 2 minutes). For extra resources, visit the <u>campaign resources</u> <u>page</u>, which includes handy guides on talking to young people about mental health, social media images, and some of Kooth's promotional materials.

Adult Mental Health

In this video, Mental Health Foundation asked members of the public about their <u>most</u> <u>significant struggles in life</u>. (Approximately 2 minutes).

According to research, around 1 in 10 adults hear voices in their heads as a result of one of a number of mental illnesses, including Schizophrenia. The Voices In My Head is a ground breaking documentary taking viewers in to their world, following the lives of 3 voice hearers through a hybrid of observational documentary and audio reconstruction. (Approximately 7 minutes and 30 seconds).

This <u>short film</u> is about Mental Health Trauma and PTSD. (Approximately 20 minutes). Young mums are at increased risk of isolation and depression, this <u>video</u> explores one young mum's story. (Approximately 2 minutes).

This is <u>Keith Oliver's story</u>, about young onset dementia. (Approximately 9 minutes). This <u>video</u> is 'Frank's Story'; Frank is 74 who has dementia. He talks about his life and ways to remember things. (Approximately 5 minutes).

Exploitation

This <u>video</u> from Parents Against Child Exploitation (PACE) is aimed at helping parents to know the signs of Exploitation. (Approximately 4 minutes).

<u>Jake's story</u> (Real Safeguarding Stories) addresses issues of Child Sexual Exploitation, Grooming, Night-Time Economy and Male Grooming. (10 minutes).

This online presentation is on <u>County Lines Awareness</u>, by National County Lines Coordination Centre. (Approximately 9 minutes).

This <u>video</u> of a poem called 'Dear Younger Me' was written by two young people, Kem and Isha who wanted to express how they felt about the impact of violence and exploitation on young people. (Approximately 1 minute).

This <u>short awareness film</u> on knife crime is about a young lad called "Sean" who makes a life changing decision just to impress his school mates and 'fit in'. (Approximately 7 minutes).

This <u>short film</u> is about Child Sexual Exploitation from West Yorkshire Police (Approximately 3 minutes).

Hidden Others – Including Men

<u>Burnt Bridges</u> learning event: Safeguarding Adults Board Thematic Review into the deaths of 5 Calderdale men who lived street-based lives. (Approximately 1 hour 48 minutes).

Useful Links and Resources:

Child Exploitation

What have we been doing about **Child Exploitation** in Calderdale.

Mental Health Awareness

<u>Every Mind Matters</u> offers <u>parents</u> and <u>Children and Young People</u> (aged 12-18) well-being support. Other charities that work to support children include <u>Young Minds</u> and <u>Childline</u>.

University students can access university student support services through **Student Space**.

MindEd has over 500 online learning sessions on child and family development and mental health that are open for anyone to use.

<u>The Proud Trust</u> is an organisation that helps LGBT+ young people empower themselves, to make a positive change for themselves, and their communities.

This News Article highlights research around the number of teenage children attempting suicide.

<u>Mental Health Foundation</u> explores how different ethnic groups have different rates and experiences of mental health problems.

<u>Andys Mans Club</u> offers mental health support to men in the form of 'clubs' and a national online group.

<u>Calderdale Mental Health Crisis Cards</u> have been produced in response to the death of a very young child by suicide and as part of the work in Calderdale to reduce suicides. The contact sheet folds up into a handy pocket-sized card with information about a broad range of key services and support in Calderdale that can help an adult or child in a mental health emergency.

Recovery College works with adults around mental health and wellbeing.

<u>Kooth</u> is a free, safe anonymous online counselling and support service. Young people can access Kooth's counselling service, self-help resources, peer to peer forums and interesting articles written by young people for young people. <u>Mental Health Awareness Campaign 2022</u>

Open Minds Partnership website offers a wide range of advice and support to Young People, parents/carers and professionals about child mental health.

Working in Partnership with Parents and Carers

Involving parents and carers in their children's learning is the most important factor in enabling some children to do well regardless of <u>background</u>.

WEDNESDAY 22nd June 2022

Resistance and Engagement

Live Sessions

Working with Resistance

The aim of the session: As practitioners, we regularly encounter resistance from those we are working with. This can take different forms, from non-compliance to passive aggressive behaviours to what is known as disguised compliance. This session will support you to think about what behaviour you are seeing and what it means. It will also help you consider your responses and ensure that you remain focussed on the risks and needs of the child or adult at the centre of your work.

Time: 9.00am - 11.00am Length of Session: 2 hours

How do I access the session:

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting
Learn More | Meeting options

Connections in the Brain that Shape Children and Young People

Aims of the session:

- To recognise the impact and significance of brain development in early and teenage years.
- To be able to explain the importance of brain development and recognise the effect of stress on young brains and on later life.
- To explore ways that adults can promote children and young people's optimum healthy brain development.

Having this background knowledge about how human brains and bodies develop will benefit everyone. In the words of Maya Angelou "When we know better, we do better."

This is a look at how early life experiences shape children's brain and body development and how this impacts behaviour, learning and whole life outcomes. For the past thirty or so years neuroscience has been able to research how brains develop, providing important scientific background to Bowlby's earlier Theories of Attachment. This is a basic introduction to brain development and adaptation, no neuroscience background knowledge required!

- We will look at 'neurotypical' brain development wired for survival
- How things can look when children have had to develop adaptations
- What we can do in our work and why it matters

This is the science of hope and change.

Time: 9.30am - 12.00pm

Length of Session: 2 hours 30 minutes

How do I access the session:

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Learn More | Meeting options

Working with individuals to whole have multiple and complex needs:

This session will: provide you with an overview of Calderdale Recovery steps, who we are and what each element of the service does. You will also learn about the type of service users/patients we work with and the physical and psychological needs and past traumas they present with (which often underpins their addiction). We will look at trauma informed approaches and what this means for how we deliver our services. We will touch on the current drug trends that we are seeing in Calderdale and how this has impacted.

We will also look at the burnt bridges report, its context and what this means for our borough.

We will also look at the burnt bridges report, its context and what this means for our borough and how we work with people.

Time: 10.00am - 11.00am

Length: 1 hour

How do I access the session: https://teams.microsoft.com/I/meetup-

join/19%3ameeting ZTI2MjlkYmMtMjgzMi00YmVkLTg4MjctYzVhZWUzZDIyNDk1%40thread.v2/0?context=%7b%22Tid%22%3a%2234bcc341-a597-41be-9b16-

1f1fe5cef9d1%22%2c%22Oid%22%3a%224b5db927-befb-4521-8007-72304f79c771%22%7d

Engaging with victims of Domestic Abuse

The aim of the session: is to provide guidance on the dos and don'ts when working with Victim/Survivors of DA. With a focus around understanding the 'Cycle of Abuse' and how this can impact engagement.

Time: 12.30pm – 1.30pm Length of session: 1 hour

How do I access the session:

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

<u>Learn More</u> | <u>Meeting options</u>

Mankind Initiative – The barriers that male victims of domestic abuse face

This session will cover: key facts about male victims, the barriers they face because they are men, alongside information on how you can better support them.

Time: 2.00pm - 3.00pm

Length: 1 hour

How do I access the session:

Join Zoom Meeting

https://us02web.zoom.us/j/86001942405?pwd=NIhHTUtOR3hBVmEvU2YwYWVWSC96UT09

Meeting ID: 860 0194 2405

Passcode: 173581 One tap mobile

+443300885830,,86001942405#,,,,*173581# United Kingdom +441314601196,,86001942405#,,,,*173581# United Kingdom

Dial by your location

+44 330 088 5830 United Kingdom

+44 131 460 1196 United Kingdom

+44 203 481 5237 United Kingdom

+44 203 481 5240 United Kingdom

+44 203 901 7895 United Kingdom

+44 208 080 6591 United Kingdom

+44 208 080 6592 United Kingdom Meeting ID: 860 0194 2405

Passcode: 173581

Find your local number: https://us02web.zoom.us/u/kdYHITkTz0

Open Minds - The Thrive Model

This session will aim to cover: The Open Minds Partnership is a network of voluntary and statutory services working together to support the mental health and emotional wellbeing of children and young people across Calderdale. Services previously known as CAMHS are at the core of the partnership consisting of SWYT, North point and Kooth. The intention is to signpost CYP to the right service at the right time, this not necessarily being core services.

Time: 3.00pm – 4.00pm Length of Session: 1 hour

How do I book onto the Session: Please email muir.hunter@openmindscamhs.org.uk

Strengthening Families Strengthening Communities

The aim of this session: Is to provide an overview of an inclusive parenting programme which aims to give parent and carers the knowledge, tools, and confidence around positive parenting

and how to manage any challenging behaviours that may arise. It looks at how we were parented and how this can potential affect how we parent to other potential influences such as the community we are brought up in.

The course will run from 6.30 pm and consist of an overview of the course followed by a 30-minute deliver of a session from the SFSC. There will then be time at the end for any discussions or questions.

Time: 6.30pm – 7.30pm Length of session: 1 hour

How do I book onto the session: Please email Stacey.Green@nhpltd.org.uk

Videos

Working with Resistence and Professional Curiosity

10 principles from the voice of a child.

Connections in the Brain that Shape Children and Young People

The quality of a child's experiences in the first few years of life – positive or negative – helps shape how their brain <u>develops</u>. (2 videos, approximately 5 & 2minutes)

- 1. Experiences Build Brain Architecture YouTube
- 2. Serve & Return Interaction Shapes Brain Circuitry YouTube
- 5 Steps for Brain-Building Serve and Return YouTube

Still Face Experiment: Dr. Edward Tronick - YouTube

Building Adult Capabilities to Improve Child Outcomes: A Theory of Change - YouTube

Working with Adults who have multiple and complex needs

Assisting people with multiple and complex needs requires a Multi-Disciplinary Team Approach, it is person <u>centred</u>. (This video is approximately 3 minutes)

Working with Adults with Multiple Needs

This video is about <u>'Sara's story'</u> (Real Safeguarding Stories). Sara is a heroin addict and facing a partial leg amputation - Can the relevant agencies successfully work with Sara before she becomes "lost in the system"? (Approximately 6 minutes and 30 seconds).

Domestic Abuse Hub

Operational Process

Calderdale Domestic Abuse Hub is a multi-agency team who work together to support victims of domestic abuse and protect children who are affected by the abuse. There are daily meetings where action plans are agreed aimed to protect the vulnerable and manage the perpetrators. In

this <u>video</u> some of those agencies talk about their role in this process. (Approximately 30 minutes).

This <u>video</u> describes the purpose of MARAC and the role of the MARAC Co-ordinator in delivering this service for the Calderdale Domestic Abuse Strategy. (Approximately 2 minutes).

This <u>video</u> is from Calderdale Staying Safe Service which is Calderdale's Domestic Abuse Support Service, which explains how they support victims of abuse and link in with the partner agencies across Calderdale. (Approximately 2 minutes and 30 seconds)

This <u>video</u> from The Acorns Refuge in Calderdale, explains the service they offer and provides a unique walk through of the building. We can see all the facilities the refuge has to offers and get a good feel of how safe and comfortable the accommodation is for women and children fleeing domestic abuse. (Approximately 10 minutes).

This <u>video</u> is about Operation Encompass, which is a National project that manages the information around domestic abuse incidents being shared with schools. Steve Barnes, Calderdale Schools Safeguarding Advisor speaks to Designated Leads at Lingbob School about the process. (Approximately 10 minutes).

This <u>video</u> from the National Probation Service explain their role managing the risk posed by offenders. They explain the options available prior to release from prison and after release and what specifically can be done to safeguard the victims of crime. (Approximately 15 minutes).

Victim Stories

This <u>training video</u> explores a real-life story of domestic Abuse. Jo talks about her own experience in an abusive relationship and how she exited safely with her child. Jo has been through a truly horrendous experience, and she has found a way to draw the strength from her survival to support others and educate the workforce. (Approximately 1 hour and 20 minutes).

This <u>video</u> highlights the impact of Domestic Homicide; Leona talks about the devastation of losing her sister when she was murdered by her partner. Leona focuses on her sister's children and how the negative and positive responses from professionals, led her to become a children's social worker. (Approximately 14 minutes).

Coercive control

This chilling and revealing lockdown <u>short film</u> shows a brutal yet ultimately hopeful portrayal of loss, coercion, and domestic violence. (Approximately 11 minutes).

Impact of Domestic Abuse on Children

Tower Hamlets <u>video</u> that explains the impact of Domestic Abuse on Children and how a child's development is affected by adverse childhood experiences (ACES). (Approximately 20 minutes).

Domestic Abuse against men

This dramatised <u>video</u> explores Michael's story (Real Safeguarding Stories), which addresses issues of Coercive Control; Emotional Abuse; Financial Abuse; Male Victim. (Approximately 15 minutes and 30 seconds).

This <u>video</u> highlights the story of Alex Skeel, a male victim of Domestic Abuse by his Girlfriend, who was the first female convicted of coercive and controlling behaviour in the UK. (Approximately 5 minutes).

This Social Experiment <u>video</u> from BBC Three highlights the different reactions that members of public have of domestic abuse against a women vs against a man in public. (Approximately 4 minutes and 30 seconds).

Domestic Abuse and Older People

SafeLives have produced a webinar called 'Older, safer - is it too much to ask?' (approximately 1 hour) as well as some Podcasts including:

- How can services reach more older people?
- What happens when the victim and abuser are co-dependant?
- Are attitudes changing?
- Staying safe at home: domestic abuse the impact on older people

LGBT+ and Domestic Abuse

Safe Lives have produced a number of <u>podcasts</u> and a <u>webinar</u> interview about the barriers faced by LGBT+ people and how services can better support victims and survivors from these communities (Approximately 8 minutes).

This '<u>Dudley Safe and Sound' film</u> about a gay victim of domestic violence a buse, highlights why it's more difficult for LGBT+ people to seek support. (Approximately 2 minutes).

This <u>video</u> is a personal story by 24-year-old Alice, a lesbian victim of domestic violence abuse. (Approximately 3 minutes).

This <u>video</u> relates to the increase of domestic abuse in the LGBT+ community during Covid-19 lockdown. It shows how to recognise the signs and how to get support (Approximately 6 minutes)

Useful Links and Resources

Working with Resistence & Professional Curiosity

Carers and Safeguarding, a briefing for people who work with carers.

Domestic Abuse in Older People

Action on Elder Abuse <u>Website</u> provides information and advice on domestic abuse in older people.

Domestic Abuse against Men

Mankind website provides information and advice on domestic abuse against Men.

General Resources

<u>IDAS</u> is the largest specialist charity in Yorkshire supporting anyone experiencing or affected by domestic abuse or sexual violence. It's services include refuge accommodation, community based support, peer mentoring, group work and access to a free, confidential out of hours' helpline.

<u>Domestic Abuse Affects Your Children Too</u> webpage includes short videos presented by a number of academics and specialists, leaflets, contact details if you are concerned about domestic abuse.

Domestic Abuse 'In Your Hands' campaign is aimed at potential perpetrators of domestic abuse, and provides information, including details of relevant support organisations, short videos and posters.

Clare's Law is a Domestic Violence Disclosure Scheme from West Yorkshire Police. To find out how to make a request, and view posters, and video's relating to the campaign, visit the <u>Clare's Law</u> webpage.

West Yorkshire Police's <u>Domestic Abuse webpage</u> definitions, useful contacts and sources of help as well as some videos.

THURSDAY 23rd June 2022

Trauma

Live Sessions:

Child Mental Health Suicide Awareness - Open Minds

This course aims to raise awareness of suicide in children and young people and offers a brief overview of the main issues relating to suicide in children and young people. It covers risk and resilience factors, signs of immediate risk, helpful language, having difficult conversations and

how to support and where to seek further support. It will also signpost to further reading and training on this topic.

Planned Learning Outcomes

Understand what we mean by suicide and to raise awareness of suicide in children and

young people.

Identify helpful and unhelpful language when discussing suicide in children and young

people.

To be better able to respond to children and young people who are experiencing suicidal

thoughts.

4. To feel more confident having difficult conversations with children and young people who

are experiencing suicidal thoughts.

5. To know where and when to access further support and guidance and further training

courses available on this topic.

Time of session: 9.00am - 11.30am.

Length of session: 2.5 hours (with a break in the middle)

How do I access the session:

Join Zoom Meeting

https://us06web.zoom.us/j/83654470895?pwd=WE8wQjVEbm5BTE5Zakwrb0JTS1dLUT09

Meeting ID: 836 5447 0895

Passcode: 479478

Suicide Prevention for Vulnerable Adult and Children

Aim of this session: Public Health Consultant Eugenia Cronin will facilitate a session on Calderdale's suicide prevention strategy and current work around pathways into support for

vulnerable adults and children.

Time: 11.30am - 1.00pm

Length of session: 1 hour 30 minutes

How do I access the session:

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

<u>Learn More</u> | <u>Meeting options</u>

High Intensity Users & Trauma Navigator Pilot at CHFT (Calderdale & Huddersfield Foundation Trust)

Aim of Session: The High Intensity User Group at CHFT are a multidisciplinary group covering both Calderdale and Huddersfield. The group works with service users who are frequently attending accident & emergency (A&E) or calling 999.

We are a consent-based service and look to work with service users to ensure that the appropriate support is offered. Alongside this work a new service is being developed within our departments called BLOSM, this service will look to offer support and engagement with people who are attending A&E and offer a wraparound approach to engagement and appropriate referrals into community services.

A big part of this will be the introduction of Trauma Navigators. These will be youth support workers, based in department specifically looking at engaging with young people aged 11-25 showing signs of significant psychological trauma. This session will go into more detail about what this project will look like and how we aim to tackle health inequalities within A&E and focus on trauma informed practice.

Time: 1.00pm

Length of Session: 30 minutes

How do I access the session:

https://teams.microsoft.com/l/meetup-

join/19%3ameeting YmEwZTNmZGEtNjhlMS00ZDFlLThhZGQtNWNiMGYxNzk1MjEy%40thread.v 2/0?context=%7b%22Tid%22%3a%22a2467a44-f21b-4753-8241-

e03a3d26a01f%22%2c%22Oid%22%3a%22d9e39e26-1e43-4ef1-ad2a-9f45c2c04fe0%22%7d

Bridging the Gap, takes a 15-step journey into professional services seen through the eyes of trauma survivors.

The aim of this session: It is an interactive presentation, will help highlight some of the barriers, red tape, and deficit-based processes of commissioned services.

This emotive presentation will also help demonstrate the power of community association, lived experience and peer support, in helping to create a more trauma informed experience for all

This is a live session and will be facilitated at the Basement Project.

Time: 1.30pm – 3.00pm

Length of session: 1 hours 30 minutes

How do I book onto this session: Please email larryeve@thebasementproject.org.uk

Trauma Informed Practice – Introduction

Aim of the Session: This session provides an understanding of the impacts of trauma on individuals and families, whether trauma is experienced as a child or an adult. It aims to encourages the learner to review their working practices and procedures to reduce secondary trauma and secure the best outcomes for children or adults.

Covered in this course

- Physical, social and emotional impacts to trauma
- Adverse Childhood Experiences
- Risks of Secondary Trauma
- Trauma informed response

Planned Learning Outcomes

- 1. Importance of recognising trauma responses in others
- 2. Recognise the need for flexibility in working practices
- 3. Improve relationships and resilience
- 4. Support multi-agency working to reduce the impacts of trauma

Time of session 3.30pm - 5.30pm

Length of session: 2 hours

How do I access the session:

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

<u>Learn More</u> | <u>Meeting options</u>

Videos:

Trauma

This short, informative <u>video</u> highlights how childhood trauma affects health across a lifetime and explains the importance of identifying and addressing ACE's to promote long-term physical and mental health. (Approximately 16 minutes).

This <u>short animation</u> has been developed to raise awareness of ACEs, their potential to damage health across the life course and the roles that different agencies can play in preventing ACEs and supporting those affected by them. (Approximately 6 minutes).

This <u>presentation by Catherine Knibbs</u>, was produced for Wakefield Safeguarding Week 2020. It discusses 'Childhood Trauma: Repl'ACE'ing the context'. (Approximately 1 hour). Noah's Ark have produced the following video resources:

• <u>Therapeutic Play: Watch this, Take part and Have a Go</u> -these videos are targeted at Early Years and Primary aged children to watch, take part in or have a go.

- Therapeutic Play: Activities and Techniques these videos are suggested therapeutic
 activities and techniques for parents/carers and educational staff to put in their toolbox and
 use with their children themselves at home, nursery or school.
- <u>Responsive CPD for School Staff in Calderdale</u> this includes arrange of videos on Loss,
 Change, Uncertainty and Growth.

Local Child Safeguarding Practice Review – Child Sexual Abuse – <u>Case H</u>

<u>'The mysterious workings of the adolescent brain'</u> TED Talk by Sarah-Jayne Blakemore explains how typically "teenage" behaviour is caused by the growing and developing brain.

(Approximately 14 minutes)

An <u>animated short film</u> called 'The Invisible Suitcase' from Child Bereavement UK, designed to help bereaved children and families to understand their grief and how to manage it. (Less than 2 minutes).

Useful Links and Resources:

Trauma

Young Minds <u>Infographic</u> explains what ACE's are, the prevalence and what helps to prevent and overcome adversity. Their <u>comprehensive guide</u> to addressing adversity shows examples from practice of how to prioritise adversity and trauma-informed care for children and young people in England.

Suicide Prevention

Useful Resources relating to Suicide Prevention.

West Yorkshire Police <u>Serious Sexual Assaults webpage</u> provides information on consent in the form of posters, a 'cup of tea' analogy video, and contact details of who to report concerns to. <u>Open Minds</u> provides guidance for children who maybe expressing self-harm or suicidal behaviour

Transitions

Mind the Gap: Transitional safeguarding - adolescence to adulthood <u>Strategic Briefing</u> focuses on the challenges for children's and adults' workforce relating to sexual exploitation, gangs and violent crime, including domestic violence and abuse, modern slavery and trafficking. SCIE's '<u>The Care Act: Transition from childhood to adulthood'</u> webpage offers resources to help local authority staff, social workers, young people and carers to plan for the transition to adult care services.

<u>NICE Guidance</u> on transitions from children to adults' services for young people using health or social care services is aimed at a variety of practitioners and services, and includes recommendations on:

- overarching principles for good transition
- planning transition
- support before and after transfer
- the supporting infrastructure for transition

<u>NICE 'Transition from children's to adults' services: Quality standards'</u> covers the period before, during and after a young person moves from children's to adults' services in all settings where transitions from children's to adults' health or social care services take place. It covers all young people (aged up to 25).

<u>MENCAP</u> offer advice and support for Young People with Learning Disabilities transitioning into adult services.

Research In Practice - The role of adult social work in embedding a <u>transitional safeguarding</u> approach

Social work with adults experiencing complex needs

FRIDAY 24th June 2022

Safe Nights

Live Sessions:

Introducing ICON

Aim of Session: This session with introduce ICON, a programme which has been developed to reinforce simple messages to parents and carers regarding how to cope with infant crying. The target of ICON is to reduce the incidence of Abusive Head Trauma triggered by crying, therefore this session will provide you with an overall understanding of this programme and how you in your professional capacity, can identify parents/carers who may be struggling and signpost them to the correct support.

Time: 9:00 – 10.00am

Length of Session: 45 – 60 minutes

How do I access the session:

Please join this **MS Teams meeting**

Introduction to Sleep Tight Course

Aim of Session: To share an awareness and understanding of the 5-week face to face or 3-week zoom sleep tight course from North Halifax Partnership.

Time: 10.00am - 11.30am

Length of Session: 1 hour 30 minutes

How do I access the session:

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

<u>Learn More</u> | <u>Meeting options</u>

Contact <u>lisa.ward@nhpltd.org.uk</u> or <u>Nicola.cooke@nhpltd.org.uk</u> if you need further information **Audience:** Aimed at professionals and members of the public

Rough Sleeping

Aim of the session: To share a deeper understanding around homelessness and a street-based lifestyle. My experience of dealing with rough sleepers, using a trauma-based approach, and the process for reporting rough sleepers. The challenges that Rough Sleepers face when accessing services, and the difficulties that Agencies face supporting this client group. MEAM (Making every Adult Matter) with a Multi-Disciplinary Team approach and referral process.

Time: 11.30am – 1.00pm

Length of Session: 1 hour 30 minutes

How do I access the session:

Microsoft Teams meeting

Join on your computer or mobile app

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Every Sleep a Safe Sleep

Aim of Session: To ensure all frontline workers are equipped with the skills to engage in individualised safer sleep conversations with parents and carers to reduce the risks of Sudden Unexpected Death in Infancy (SUDI), where additional vulnerabilities exist, and to introduce the Sudden Unexpected Death in Infancy Risk Minimisation and Protective Factors Tools.

The course is in 2 parts. Part 1 is a webinar delivering key information about Sudden Unexpected Death in Infancy (SUDI) including recommendations from the Out of Routine Report and how to effectively share safer sleep messages with parents and carers to reduce the incidence of SUDI. The course includes a SUDI Risk Minimisation Tool for Professionals and a Protective Factors Tool for Parents/Carers together with a Multiagency 'Every Sleep a Safe Sleep' Guidance document. Part 2 provides opportunity to use the tools to explore scenarios where risks are present

Time: 1.00pm - 3.30pm

Length of Session: 2 hours 30 minutes

How do I access the session:

Please join this meeting here "Join on your computer or mobile app

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

+44 20 7660 8177,,588837295# United Kingdom, London

Phone Conference ID: 588 837 295#

Find a local number | Reset PIN Learn More | Meeting options

Reflection

An opportunity for professionals working with clients with increasingly complex needs to come together and share the challenges, experiences and good practice through reflection.

Time: 3.30pm - 4.00pm

Length of session: 30 minutes

How do I access the session:
Microsoft Teams meeting
Join on your computer or mobile app

Click here to join the meetinghttps://teams.microsoft.com/l/meetup-

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Learn morehttps://aka.ms/JoinTeamsMeeting | Meeting

options<https://teams.microsoft.com/meetingOptions/?organizerId=9421f922-0d2c-421b-8fd1-

8fcf0885227a&tenantId=34bcc341-a597-41be-9b16-

<u>1f1fe5cef9d1&threadId=19_meeting_NzYwMzEyNzgtNTA1Ni00ODE5LTgzMDItN2U2YjliYzZhMTc4@thread.v2&messageId=0&language=en-GB></u>

Videos:

Safe sleeping

How to reduce the risks of SIDS a (2 minute) video from the Lullaby Trust

ICON Babies cry you can **COPE** (35 seconds)

ICON crying information leaflet <u>video</u> (approximately 3 minutes)

<u>How we can support you - The Lullaby Trust</u> support to anyone affected by the sudden and unexpected death of a baby or young child.

Rough Sleeping

Rough Sleeping – (approximately 7 minutes) briefing Burned Bridges Learning Event

Useful Links and Resources:

Safe Sleeping

Reducing the risk of sudden infant death syndrome SIDS

Strategies every parent should know.

Safer sleep for babies, support for **families**

<u>Support for you | Sands - Stillbirth and neonatal death charity</u> Sands supports anyone who has been affected by the death of a baby before, during or shortly after birth. Bereavement support is at the core of everything we do.

When your baby dies | Child Bereavement UK helps families to rebuild their lives when a child grieves or when a child dies.

<u>The Miscarriage Association: Pregnancy loss information and support</u> is here to provide support and information to anyone affected by miscarriage, ectopic pregnancy or molar pregnancy.

Every Sleep a Safe Sleep

Multiagency risk mitigation guidance – Every sleep a safe sleep

Rough Sleeping

Adult Safeguarding and homelessness – a briefing on <u>positive practice</u> Supporting Rough Sleepers

Evaluation

There will be an opportunity to evaluate the live sessions, videos and resources. We will make this available via a Survey Monkey on the CSCP/CSAB website.

If you have any questions about the Safeguarding Week Programme, please contact either Craig.bartlett@Calderdale.gov.uk or Sally.Fletcher@Calderdale.gov.uk.

Thank you.